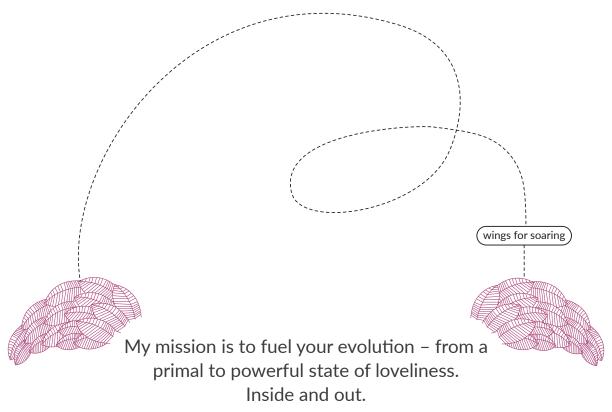


Self-Love Activation Spell

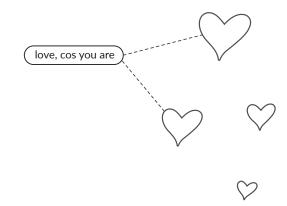
"PERFECTLY IMPERFECT"

Guide and Instructions





(though, you are already loved, don't you know?)



A note from kagsy

The purpose of this rital is to activate your 'perfectly imperfect' graphic art mechandise so you can wear/use it as a talisman for self-love, confidence, and embrace your unique imperfections. Let's all wear our imperfections as a badge of honour.

Because it's important to know, no matter, what you are enough (and always will be).

Please note: the following ritual isn't absolutely neccessary to activate your 'Perfectly Imperfect' item. I have infused the affirmation spell with the intention to support self love. The ritual simply supports and strengths your inner self-worth every time you wear/use it.

The choice is yours!





What you'll need to activate your item



A Quiet Space

(to relax and focus in)



Your 'Perfectly Perfect' Merchandise

(to activate as your tailsman and reminder)



A Coloured Candle

(red, pink or white candle to signify love and purity)



A Small Mirror

(optional; used for reflection)



Rose Quartz Crystal

(optional; works best with fabric based items, but you can adapt the following process to suit)





1 PREPAR

PREPARE YOUR SPACE

Find a quiet, calm space where you feel safe and grounded. Light the candle(s). This symbolies warmth and transformation. If your using rose quartz, place it near the candle.

(2) GET CENTRED

Take a few deep relaxing breaths: inhaling for four counts, holding for four, and exhaling for four. Relax while you drop into your body. Focus on feeling safe. When you're ready, place the 'perfectly imperfect' item in front of you.

(3) SET YOUR INTENTION

Speak softly or say inside your mind:

"I activate this [item name] as a reminder of my worth, my beauty, and my strength. May it carry the energy of self-love and help me embrace my perfectly imperfect self. I am enough and will always be enough."

(4) INFUSE YOUR ITEM WITH ENERGY

Hold the [item] and visualise a warm, glowing light surrounding it; pink or gold works well. Imagine this light seeping into the [item] with love, confidence, and acceptance.

If using a mirror, look into it while holding the [item] and say: "I see my perfectly imperfect self, and I love who I am."

If you are using a rose quartz as part of the ritual, then gently rub the rose quartz over the [item] slogan to transfer its loving energy.

Activation Steps - Cont.

(5) SEAL THE SPELL

To seal the affirmation spell, simply say:

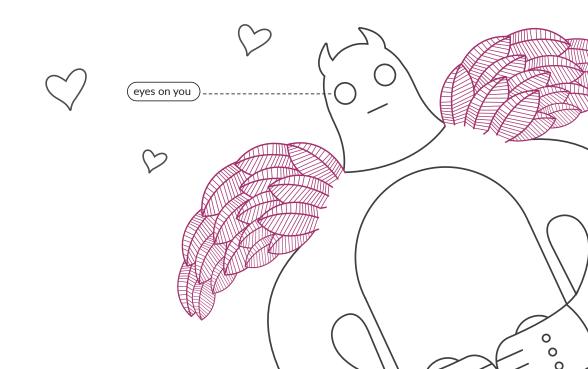
"This [item] is now a vessel of self-love. As I wear/use it, I am reminded of my unique light. And so it is."

Now blow out the candle and visualise the spell's energy being released into the universe.

(6) USE/WEAR WITH INTENTION

The first time you wear/use your [item] take a moment to repeat this affirmation several times. "I am perfectly imperfect, and I am loved." (feel free create one of your liking, if this doesn't suit).

Optional, consider repeating a short affirmation, for example, "I am enough", each time you wear/use to reinforce the spell.



Why Does This Work?

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SIMPLICITY

The affirmation spell is accessible to all and requires minimal tools, so it's easy to perform.

SYMBOLISM

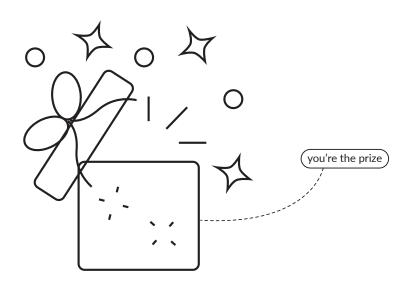
The candle and rose quartz amplify self-love and intention, while the mirror encourages self-reflection.

PERSONALISATION

You can adapt the affirmations I have suggested to meet your needs, making the spell deeply personal and unique for you.

PERSONALISATION

The spell reinforces the message of self-acceptance and empowerment. We are all perfect in our own special ways.



Magical Extras



HERBS OR OILS

If you're comfortable with herbal magic, sprinkle dried rose petals or lavender around the item for added love energy, or anoint the candle with a drop of rose or jasmine oil.

MOON PHASE

Perform the spell during a waxing or full moon to enhance growth and manifestation.



A Quick Note From Kagsy

Any part of this ritual is can modify it to suit your beliefs, knowledge or comfort level. Never leave any lit candles unattended and always have the respect for other's personal spiritual practices. We are all unique and have our own way of seeing the world.

You are perfectly imperfect, and nothing short of amazing!

